

ANNUAL REPORT 2017-18



LINCOLNSHIRE

action
trust

CHARITABLE OBJECTS

The Trust is governed by the following charitable objects:

- > The care, resettlement and rehabilitation of offenders and those at risk of offending, their families and dependents in the county of Lincolnshire
- > To provide, promote, support or organise the recruitment and training of any offender, and those at risk of offending and to assist them in finding employment, and accommodation and to rehabilitate themselves
- > To further and promote the study of and research into, all aspects and methods of the prevention of crime, social exclusion and delinquency and to obtain and make records of and disseminate information concerning the same
- > To relieve the suffering of families and carers whose lives have been affected by substance misuse in Lincolnshire by providing support and information to help reduce drug and alcohol related harm

OUR VISION

The vision of Lincolnshire Action Trust is that all offenders are treated with respect, have equality of opportunity and are empowered to achieve their full potential.

OUR VALUES

We aspire to demonstrate the following core values in everything we do:



Achievement

To achieve the best outcome for others and myself



Inspiration

To positively motivate and influence others



Quality

To work to the highest standards at all times



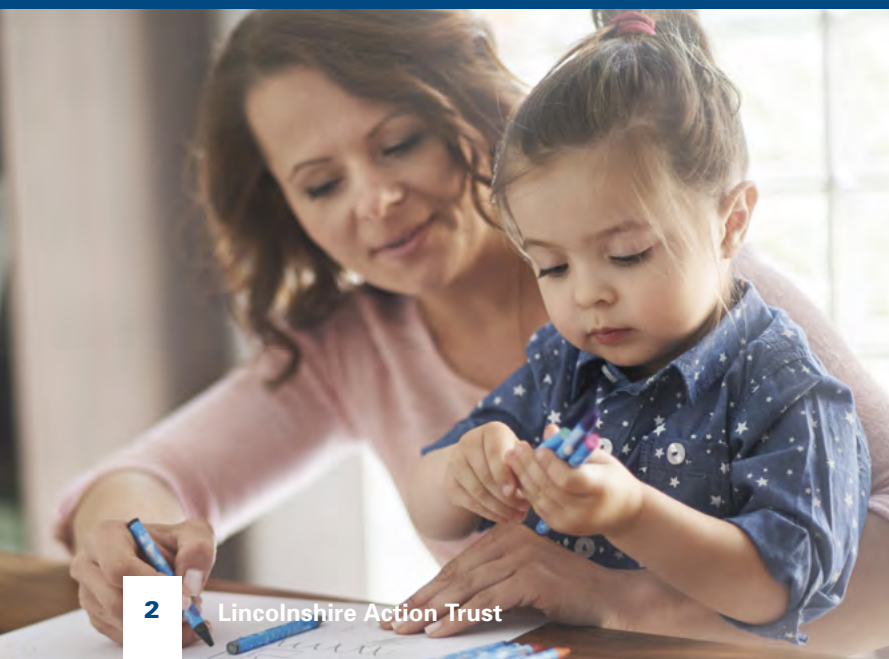
Respect

To be respectful and considerate to others



Empowerment

To give power to individuals and encourage them to increase their confidence



THIS YEAR IN BRIEF

2017-2018 has been an exciting and busy time for all at LAT. These are just a few of our key achievements during the year:

APRIL 2017

LAT started to work in collaboration with HMP Lincoln and Watch This Space, a local car park management company, to develop a new car parking space for visitors to the prison. A proportion of the income generated is used to enhance the experience of families visiting the prison.

OCTOBER 2017

LAT was awarded a number of new contracts from HM Prison and Probation Service (HMPPS) to deliver vital support to children and families of people in custody at two new prison sites and an Immigration Removal Centre. We also commenced delivery at three further prison sites in partnership with Ormiston Families. This built upon our existing children and families delivery, allowing us to introduce our 'Purple People' in more secure locations.

We commenced delivery of a welfare service to support those detained in an Immigration Removal Centre.

We also commenced delivery of the refreshments provision for staff and visitors to HMP Lincoln. In December 2017, this was re-launched as 'Ted's Place', using our new mascot, Little Action Ted.

NOVEMBER 2017

We held our annual staff awards during which individual staff and teams were recognised for their dedication and achievements in their work with clients. We also held a recognition event for our volunteers and mentors.

JANUARY 2018

We commenced delivery of a new support service, Fulfilling Potential, to offer intensive support to people on their release from custody at HMP Lincoln.

MARCH 2018

Our Chief Executive, Alison Goddard, was awarded the Lincolnshire High Sheriff's Award in recognition of valuable services to the community for her work with LAT.

In partnership with HMP Lincoln, we developed our previous SPARC (Supporting People After Remand and Custody) model, prior to launching as SPARC+ in April 2018.

CHAIR'S INTRODUCTION

I invite you to read our Annual Report for 2017-18 which describes the increasing range of work undertaken by Lincolnshire Action Trust (LAT) in more and diverse locations.

During the year over 35 staff and 30 volunteers have provided effective help and support to people in prison, or being detained awaiting deportation, to people being rehabilitated in the community and to children and family members affected by a relatives criminality or by a parent's dependence upon drugs or alcohol. Since its foundation in 2000 LAT has helped individuals move away from crime and into employment, training and education. This work continues but as this report demonstrates our work now encompasses a very broad range of welfare interventions: helping to maintain family ties by supporting children and families; involvement in the myriad of practical problems impeding resettlement, and responding to the particular needs of women and enabling them to address issues affecting their lives.

The numbers of real people helped in a variety of ways is impressive and the stories detailed about a few of them is inspiring.

This account is a tribute to the dedication and professionalism of our staff and to the effective leadership provided by our Chief Executive and her team of managers. We are grateful to the statutory and charitable bodies which fund this work and to the organisations with whom we work in partnership; details of these are given in this report. Finally I thank those who give their time voluntarily to support the work of LAT, those who we train to work as mentors and volunteers building relationships with our clients and also to those who serve as trustees and directors on the LAT Board providing governance oversight and support for this dynamic and developing organisation.

Sheridan L Minshull
Chair





CHIEF EXECUTIVE'S REPORT

Despite a challenging operating environment, LAT has continued to go from strength to strength over the last 12 months. Like many other small charities, securing funding to support some of the most challenging individuals who fall through the gaps of mainstream provision remains difficult, at a time when increasing numbers of individuals need our help. This results in us needing to be nimble and flexible in the design and delivery of interventions, ensuring we remain relevant to our clients, whilst satisfying the requirements of our funders. This is a delicate balance to achieve, but one that I believe we manage very well.

2017-18 has seen a step change for our charity, mainly due to a significant growth in the latter part of the year resulting from new contracts to deliver at an additional four prisons and an Immigration Centre. A strengthening of our 'back office' structures have supported this growth, along with a clear focus on staying true to our vision and values.

Our reputation as a provider of innovative and high quality interventions remains, and this is validated by the strong partnerships we have with a range of private, public and voluntary sector organisations both locally and nationally. I am particularly pleased to have further developed our links with the University of Lincoln over the last year to offer voluntary opportunities and placements to students, as well as contributing to the delivery of Criminal Justice lectures. This has provided us with the opportunity to

develop future Criminal Justice employees and share our client experiences with them.

The impact that LAT has on a daily basis is significant, and the regular feedback that we receive from clients, partners and stakeholders proves the high regard in which we are held. Our amazing staff team and volunteers are an inspiration, and I am incredibly proud of their achievements. Our work would not be possible without the trust and commitment of a broad range of funders and individuals, and we are indebted to them for this. I look forward to continuing to lead Lincolnshire Action Trust to achieve even greater things in the coming year.

Alison Goddard

Chief Executive



CHILDREN & FAMILIES

In 2017, Lord Michael Farmer published his landmark review into maintaining and strengthening family ties for those in custody. He described families and significant others as “The Golden Thread” that must be considered throughout the rehabilitation of people with convictions.

LAT has delivered Children and Families support since 2014 at HMP Lincoln. However, in October 2017, this delivery was extended to 5 prison sites (HMP Hull, HMP Humber, HMP North Sea Camp, HMP Stocken, as well as HMP Lincoln) and Immigration Removal Centre (IRC) Morton Hall. Our Children and Families services offer support from dedicated Children and Families Practitioners to people in prison and their family and friends, to maintain ties while the person is in custody.

The teams also provide support to try to minimise the impact that prison can have on family members. This includes advice on how to talk to children about prison, financial support, accommodation related support, health related support, signposting and advocacy. The teams also have a presence before, during and after prison and IRC visits to offer practical and emotional support to people in prison and their visitors, as well as telephone support in between visits.

During the course of the year we have delivered 2,776 family related interventions at HMP Lincoln. Since delivery of our

new services commenced, we have supported 21 families at HMP North Sea Camp, 164 families at HMP Stocken, 192 families at HMP Hull and 347 families at HMP Humber. Our Children in Need grant enabled us to support 109 children in the nine months to December 2017.

LAT have continued to deliver the ‘Being Dad’ positive parenting course to men at HMP Lincoln. 49 people attended 9 courses over the course of the year.

LAT’s Young Oasis service has continued to support children and young people affected by parental substance misuse. Our team provide support to children during safeguarding, Child in Need, and Team Around the Child proceedings; building positive support networks and keep safe plans. 486 Young Oasis interventions took place over the course of the year. All young people supported reported positive progress in areas including ‘coping’, ‘relationships’, ‘self-esteem’ and ‘positive activities’.

Jack's story

Jack was referred to Young Oasis by his Social Worker after he was placed in the care of his father due to his mother's problematic alcohol use. Jack had witnessed his mother in drink and had witnessed domestic violence between her and her partner. Jack's Young Oasis Practitioner supported Sam to tell her about his family using play dough models. He was reassured that it was OK to talk about his Mummy. Jack talked about positive memories of his Mummy but over time also started to open up about how she changed when she had been drinking wine. Jack was supported to understand why Mummy's behaviour changed and that it was not his fault. He has been supported to understand where he could go to talk about things if he was worried and given an age appropriate understanding of staying safe around alcohol. He has now started making cards for his Mummy to send to her to support her in her recovery.

Richard's story

Richard was remanded into custody and was facing a long sentence. During his time on remand, the mother of Richard's son passed away. Richard had heard that his son was being looked after by an Aunt but was unsure and had no contact for 3 months. He was also aware that Children's Services were involved but did not know what the current situation was. A Children and Families Practitioner contacted Children's Services on Richard's behalf and established their involvement. Shortly after, a telephone call was facilitated between Richard and his son's Social Worker directly so she could provide Richard with the information he needed. She reassured him that his son was being cared for by his Aunt and was progressing well. She also confirmed that Richard's son was keen to have contact with his Dad. Richard was supported to start writing letters to his son from prison. With ongoing support from the Children and Families team, Richard is being kept updated of his son's progress and the court hearing to assess special guardianship for his Aunt to look after him long term. He now has regular contact with his son directly.

Harry's story

Harry received a Notice Seeking Possession for his council rented property while he was in custody. He shared the property with his long term partner who was extremely vulnerable due to mental health issues. Harry's Resettlement Practitioner supported him to liaise with the council and his family members to ensure the rent continued to be paid on his property during his stay in custody. The council removed the notice seeking possession and confirmed that his partner could reside there while he was in custody. This meant that she kept stable accommodation and Harry had accommodation to return to on his release. He said "I feel so much better knowing my girlfriend is safe".

Andy's story

Andy was accommodated in a B&B by the local authority immediately after his release from custody. Unfortunately, Andy was targeted as a vulnerable adult and his kindness was exploited. The people around him encouraged him to drink to excess and he was lacking direction about how to move forward in his life. He began self-harming as result of struggling to cope. Andy's Fulfilling Potential Mentor advocated on his behalf to access more suitable temporary accommodation. He supported his move into his new room and continued to work with him on building positive relationships, managing his mental health and keeping himself safe. With his Mentor's help, Andy then secured his own flat, for the first time in his life. His Mentor helped him move and source furniture. Andy has been supported to gain a new, productive routine and manage his new tenancy. He has stopped self-harming and has a positive support network. He is now discussing voluntary work options with his mentor but in the meantime has supported other men being released from prison through sorting out and ironing the clothing donations to the Departure Lounge.

RESETTLEMENT

LAT has continued to deliver resettlement interventions across a number of prison sites, supporting individuals across accommodation, employment and training, and finances.

LAT's innovative Departure Lounge has continued at HMP Lincoln. The Departure Lounge offers a comfortable place for people to receive support immediately after their release from HMP Lincoln. Every man released from the prison passes through the facility and is offered a range of support including sourcing accommodation, making contact with Probation, contacting their GP to arrange appointments, and accessing transport. Clients are also able to access a 'Release Pack' which includes a toothbrush, toothpaste, shower gel, contraception, clean socks, underwear, a bottle of water and key contact information. The Departure Lounge also has stocks of warm clothing for those who need this and every client is offered breakfast before they leave. Over the course of the year, 1,092 people (85% of all releases) were supported through the Departure Lounge. The Departure Lounge also provides somewhere warm and dry for families and partner agencies to meet people on their release from prison, and to access additional support. 250 family members or friends accessed the Departure Lounge for additional support at the point of release.

Our 'Release Support' provision continued to provide intensive pre and post release support for a small number of individuals with multiple needs at HMP Lincoln until the end of the calendar year. The provision co-ordinated all aspects of an individual's release plan from each agency and then provide support for the individual to successfully engage with the support identified over the following months. 43 new clients were supported during the final nine months of the year.

In January 2018, LAT commenced delivery of a new support service, Fulfilling Potential, offering tailored support to people on release from HMP Lincoln. Between January and March, 7 people had been provided with intensive support on their release to successfully resettle into the community.





Claire's story

When Claire started accessing the Women's Service, she was shoplifting daily to fund crack cocaine and heroin use. She was banned from all of her local supermarkets. Claire initially accessed support on a one to one basis and her keyworker supported her to access support for her drug use. Once Claire was stable in drug treatment, her keyworker supported her to speak with the supermarkets to allow her to start doing her shopping again. She commented that this provided her with a 'sense of normality' that she had not felt for a long time. It also meant that she could manage her budget and access healthy food again. Claire also started coming to the group sessions to increase her confidence. She has since secured employment and in her spare time, she supports staff to help other women accessing the service.

WOMEN'S SERVICE

It is now widely recognised that women in the Criminal Justice system have unique needs and as such require a different response to help them progress towards desistance from offending.

LAT is commissioned by Humberside, Lincolnshire and North Yorkshire Community Rehabilitation Company (HLNYCRC) to deliver a specialist Women's Service across Greater Lincolnshire. Dedicated Women's Service Practitioners work in close partnership with CRC Case Managers to offer bespoke support to each woman on a one to one and/or group basis. The support is offered across all 9 'Reducing Reoffending' pathways: accommodation; employment and training; relationships; health; drugs and alcohol; finances; attitudes, thinking and behaviour; abuse; and prostitution.

Over the course of the year, 227 women have accessed the service. 408 one to one appointments were held and 176 group sessions were delivered. 1192 positive outcomes were achieved by the women with support from LAT Practitioners. Positive outcomes included gaining employment, gaining accommodation, accessing financial advocacy, and the completion of a range of training courses.



EMPLOYMENT, TRAINING AND EDUCATION

Ben's story

Ben had recently been released from custody. Ben had little confidence and did not know what he wanted to do. He was scared of applying for employment because he would need to tell employers about his offences. His Employability Keyworker supported him to assess what work options were suitable and available to him. She helped him practice what to say to disclose his offences. She supported him to access funding to complete forklift licence training and test. Shortly after achieving this, he gained employment in a local factory.

LAT has provided support to people in the Criminal Justice System to access employment, training and education since 2001. Meaningful employment remains the single biggest contributing factor to reducing reoffending.

LAT have continued to provide Information, Advice and Guidance to meet the employability needs of clients. This requires a holistic approach to reduce multiple barriers to accessing employment including support around accommodation, finances, relationships and health as well as specific support to identify skills and match these with appropriate employment and training opportunities, to source equipment and clothing, and to disclose offences in line with the Rehabilitation of Offenders Act (1974, amended 2013). This support has been delivered through two distinct services. Firstly, a through the gate service across four prison sites, as well as in the community across Lincolnshire. This service has supported 421 people over the course of the year. 230 have accessed training opportunities as a result of support received.

LAT also delivers an employability project offering very intensive support to individuals across Lincolnshire, including the family and friends of those in prison. 13 people were supported during the year.

Michael's story

Michael's Home Office caseworker had agreed that he could be released on bail from IRC Morton Hall. However, he had no accommodation to go to and without this, his release could not go ahead. Michael's Welfare Practitioner supported him to access accommodation, provided him with information about the local area and ensured he had finances, food and clothing for his release.



John's story

John was referred to a volunteer mentor while working on one of LAT's employability services. He was very low in confidence but keen to work. His mentor met with him in between his meetings with his Employability Practitioner and his Probation Officer. She helped him attend the library to complete job applications, practise disclosing his offences, practise interview questions and go shopping for clothing for his job interviews. John was offered a job trial. He was successful and his employment has continued.

WELFARE SUPPORT FOR PEOPLE IN DETENTION

*Immigration Removal Centre (IRC)
Morton Hall holds men who are subject to
Immigration proceedings. It is managed by
HMPPS on behalf of the Home Office.*

Since October 2017, LAT has been commissioned to deliver welfare support to men detained within Morton Hall and to families who visit the men. Support includes accommodation related assistance, securing property, signposting to legal advice, the provision of IRC information, financial support, and training and employment related support.

Support is also provided to each man who is released from the IRC and to those who are due to be removed from the country. Since the service commenced, 554 people were supported on arrival at the centre, 1,100 welfare interventions were delivered, 313 people were supported prior to their release, and 293 people were supported prior to their removal.

VOLUNTEERING AND MENTORING

*LAT now has a large team of volunteers
and mentors supporting staff in their
delivery of support.*

Volunteers work across prison sites to deliver children and families related support, as well as offering 1-1 mentoring for clients who require extra assistance. All LAT volunteers are trained and provided with ongoing supervision and support.

 @LATcharityVols



LITTLE ACTION TED

In October 2017, we introduced Little Action Ted to our clients.

Little Action Ted is LAT's mascot who supports children and young people who may be going through a difficult time, and during their visits to prison. He has his own book full of stories and activities for children to use during visiting. He supports all of our extended family visits and helped us achieve a 98% positive family visit score across all our delivery sites.

He even has his own Twitter account [@LittleActionTed](https://twitter.com/LittleActionTed)

Liam's Story

Liam was employed in Ted's Place during his time in custody. This allowed him to gain important skills in catering and customer service. As a result, LAT were able to provide Liam with an employment reference for use after his release and supported him to apply for suitable job roles. Shortly after his release from custody, Liam gained employment in the catering industry. The job role also came with accommodation.

TED'S PLACE

As part of our Children and Families service at HMP Lincoln, in October 2017, we commenced delivery of the food provision available for prisoners and their families during visits.

This was launched in December 2017 as 'Ted's Place'. Ted's Place provides a range of food during each prison visits session, allowing families and the people they visit to eat a meal during their time together. Ted's Place employs a team of prisoners to prepare and serve the food. The men employed are also offered the opportunity to complete catering qualifications.



FUNDING

Lincolnshire Action Trust relies on support from a range of funding sources to undertake the activities described in this Report. We would therefore like to acknowledge and thank the following;

- > 29th May 1961 Charitable Trust
- > APM (Advanced Personnel Management)
- > Asda Foundation
- > Beatrice Laing Trust
- > Big Lottery Fund
- > Building Better Opportunities
- > Children in Need
- > Derbyshire, Nottinghamshire, Leicestershire and Rutland Community Rehabilitation Company (DNLR CRC)
- > European Social Fund
- > Evan Cornish Grassroots Fund
- > Garfield Weston Charitable Trust
- > HM Prison and Probation Service
- > Humberside Lincolnshire and North Yorkshire Community Rehabilitation Company (HLNY CRC)
- > Investors in Lincoln
- > Kesteven Children in Need
- > Lincolnshire County Council
- > Lincolnshire Economic Action Partnership
- > Lincolnshire Youth Offending Service
- > Lloyds Bank Foundation
- > Medlock Charitable Trust
- > Ministry of Justice
- > Ormiston Families
- > Siemens Ltd
- > Purple Futures
- > Watch This Space Ltd
- > And a number of individual donors

LEGAL AND ADMINISTRATIVE DETAILS

Lincolnshire Action Trust is a company limited by guarantee (number 4108372) and a registered charity (number 1089130), governed by a Memorandum and Articles of Association.

Sheridan Minshull, Chair
Elaine Baylis, Vice Chair
Roy Harper
Derek Smith
Linda Withers
John Carpenter, Treasurer
Alison Goddard, Company Secretary

Accountant:

Streets Chartered Accountants

Tower House, Lucy Tower Street, Lincoln, LN1 1XW

Bankers:

Co-operative Bank

PO Box 101, 1 Balloon Street, Manchester, M60 4EP

Solicitors:

Andrew & Co

St Swithin's Court, 1 Flavin Road, Lincoln, LN2 4GR

Auditors:

Streets Audit LLP

Tower House, Lucy Tower Street, Lincoln, LN1 1XW

ACCOUNTS

Statement of financial activities

Incorporating income and expenditure account for the year ended 31 March 2018

These summarised accounts are an extract of information from the full statutory accounts, which were approved and signed by the Trustees on 13th June 2018. The auditors, Streets Audit LLP, have issued an unqualified audit opinion on the full accounts, a copy of which can be obtained from the charity's Head Office.

	Unrestricted funds 2018 £	Restricted funds 2018 £	Total funds 2018 £	Total funds 2017 £
Income From:				
Donations and legacies	14,506	25,000	39,506	2,090
Charitable activities	1,023,435	48,856	1,072,291	821,117
Investments	10,168	-	10,168	9,399
Total income	1,048,109	73,856	1,121,965	832,606
Expenditure On:				
Charitable activities	1,028,188	73,135	1,101,323	776,519
Total expenditure	1,028,188	73,135	1,101,323	776,519
Net Income / (Expenditure) before other recognised gains and losses	19,921	721	20,642	56,087
Net Movement In Funds	19,921	721	20,642	56,087
Reconciliation Of Funds:				
<i>Total funds brought forward</i>	1,057,371	(1,260)	1,056,111	1,000,024
Total funds carried forward	1,077,292	(539)	1,076,753	1,056,111

All activities relate to continuing operations.

ACCOUNTS

Balance sheet As at 31 March 2018

		2018	2017
	£	£	£
Fixed assets			
Tangible assets		7,831	7,505
Current assets			
Debtors	187,963		231,077
Investments			799,556
	828,568		
Cash at bank and in hand	154,603		118,616
	1,171,13		1,149,249
Creditors:			
Amounts falling due within one year	(102,212)		(100,643)
Net current assets		1,068,922	1,048,606
Net Assets		1,076,753	1,056,111
Charity funds			
Restricted funds		(539)	(1,260)
Unrestricted funds		1,077,292	1,057,371
Total funds		1,076,753	1,056,111

The Charity's financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved and authorised for issue by the Trustees on 13 June 2018 and signed on their behalf, by:

**Sheridan Lincoln Minshull, Chair
Trustee**

Lincolnshire Action Trust
Registered Office: Lincoln House,
37-39 Newland, Lincoln LN1 1YA

www.LATcharity.org.uk
 [@LATcharity](https://twitter.com/LATcharity)



Lincolnshire Action Trust is a Registered Charity no. 1089130 and a
Company Limited by Guarantee, registered in England No. 4108372