**Lincolnshire Action Trust**

**Volunteer Mentor –** Personal Health Wellbeing & Women’s Service

**Lincolnshire Action Trust:**

Lincolnshire Action Trust was established in 2000 and works with a variety of agencies within the criminal justice system to reduce re-offending, by working with people with convictions to address some of the issues and challenges which have resulted in their sentence. The charity offers a range of training opportunities and employment support to prepare people for their release.  Additional key services are also offered to their families and dependants, both during their time in prison and following their release.

**General overview:**

The volunteer mentor project matches volunteers with individuals in the criminal justice system to provide them with encouragement, support, and confidence to develop themselves and access new opportunities, ultimately aiming to reduce reoffending.

Mentoring matches work together to identify goals and participate in activities that progress the mentee towards achieving them. This could include working towards employment, volunteering, gaining new skills, emotional wellbeing, confidence and self-esteem, and much more.

Volunteers in this role will therefore act as a mentor to an individual over a period of time, working one-to-one with them in the community. They will provide regular feedback of any activities undertaken, adhering to LAT’s safeguarding procedures. Mentoring operates across multiple projects within LAT.

**Main tasks will include:**

* Working closely with an individual to achieve their desired goals
* Meeting regularly to undertake various activities with the individual
* Providing verbal and written feedback of activities
* Communicating information effectively to aid multi-agency working and reporting
* Respecting confidentiality and acting professionally at all times
* Providing emotional and practical support

**Skills required:**

* Confidence and effective communication
* Active listening

Patience and understanding

* Reliability and commitment

**Requirements:**

* Due to the nature of the project, mentors must be over 18.
* Due to the nature of the project, volunteers for the Women’s Service must be female. The above role is exempt under the Equality Act 2010, Schedule 9, Part 1.
* Enhanced DBS including Adult Barred List

**Locations:**

The Women’s Service is available throughout Greater Lincolnshire, and Personal Health and Well-Being is available throughout Lincolnshire. Your own travel is desirable, but not essential.

**Expenses:**

* Public transport costs with receipts or mileage at 45p per mile
* Reimbursement for refreshments with receipts

**Training and support:**

* Initial project induction and training, including safeguarding and an overview of the criminal justice system
* LAT offers a training and recognition day for all volunteers annually

**Commitment:**

LAT asks volunteers to:

* Commit to the project and its purpose
* Give notice of absence as soon as possible
* Be available for a minimum of 2 hours per week over a 4-6 month period
* Undertake an induction and training programme

**Volunteers can expect:**

* Regular support and supervision from learning and development officer and senior practitioners
* Training and progression opportunities
* Invitation to volunteer meetings and outreach
* Recognition of their work

**Recruitment process:**

* Complete and return the application form via post or email
* Applicants will be invited to attend an informal interview with the learning and development officer and/or a senior practitioner
* If both parties wish to continue the application process references will be sought and the DBS process will begin
* The applicant will then be invited to a volunteer training session relevant to the role they have applied for
* After training, the applicant will meet with learning and development officer and/or senior practitioner after training to discuss next steps

**To apply:**

* Download an application form from the ‘Getting Involved’ page of our website
* Email [volunteering@LATcharity.org.uk](mailto:volunteering@LATcharity.org.uk)
* Ring 01522 806611